

CREAMY RICOTTA WITH FRUIT

INGREDIENTS

1/2 CUP RICOTTA
2 TABLESPOONS VANILLA YOGURT
1 TEASPOON HONEY
1 PEAR, DICED
1 BLOOD ORANGE, PEELED & SLICED
6 STRAWBERRIES, SLICED



TIME & SERVINGS

5 MINUTES
2 SERVINGS

HERE'S HOW

1 USE FORK TO COMBINE RICOTTA, YOGURT & HONEY.

2 ALTERNATE LAYERS OF FRUIT AND RICOTTA MIXTURE IN 2
PARFAIT
GLASS.

NOTE: SERVE WITH CRUSTY BREAD, SOFT BUTTER AND ORANGE
BLOSSOM HONEY.

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MUSINGS ON FOOD AND COOKING
FROM A VERMONT KITCHEN