

CarolEgbert.com

MUSING ON FOOD AND COOKING
FROM A VERMONT KITCHEN

Sharing Thanks - Grace for your Table

Print these cards
and put one on
your dinner table.

Saying a simple
grace to start a meal
celebrates the
people who have
gathered to share a
meal, the food and
the efforts of the
cook.

Let the beauty we love
be what we do.

Rumi



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May the longtime sun shine
upon you,
all love surround you,
and the sweet light within you
guide your way on.

Traditional Blessing

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