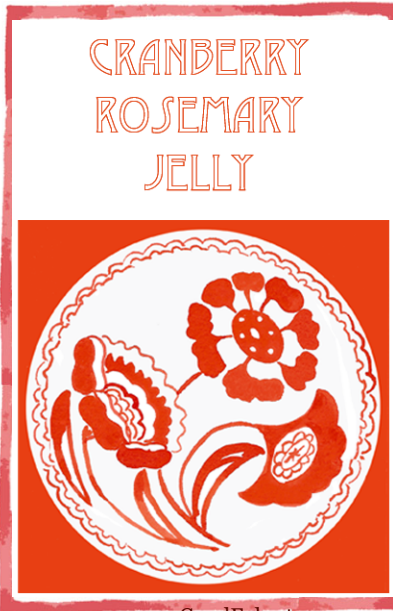


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MUSINGS ON FOOD AND COOKING  
FROM A VERMONT KITCHEN



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PRINT LABELS FOR  
YOUR JELLY, JAM AND  
CONSERVE  
MOISTEN THE LABEL  
WITH MILK  
PUT THE LABEL ON  
THE JAR  
THE MILK IS THE GLUE  
THE LABEL WILL BE  
EASY TO REMOVE  
WITH WARM WATER



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